November 1, 2026

Psalm 34:1-14

I will extol the Lord at all times;
    his praise will always be on my lips.
I will glory in the Lord;
    let the afflicted hear and rejoice.
Glorify the Lord with me;
    let us exalt his name together.

I sought the Lord, and he answered me;
    he delivered me from all my fears.
Those who look to him are radiant;
    their faces are never covered with shame.
This poor man called, and the Lord heard him;
    he saved him out of all his troubles.
The angel of the Lord encamps around those who fear him,
    and he delivers them.

Taste and see that the Lord is good;
    blessed is the one who takes refuge in him.
Fear the Lord, you his holy people,
    for those who fear him lack nothing.
The lions may grow weak and hungry,
    but those who seek the Lord lack no good thing.
Come, my children, listen to me;
    I will teach you the fear of the Lord.
Whoever of you loves life
    and desires to see many good days,
keep your tongue from evil
    and your lips from telling lies.
Turn from evil and do good;
    seek peace and pursue it.

Matthew 5:1-12

Now when Jesus saw the crowds, he went up on a mountainside and sat down. His disciples came to him, and he began to teach them.

He said:

“Blessed are the poor in spirit,
    for theirs is the kingdom of heaven.
Blessed are those who mourn,
    for they will be comforted.
Blessed are the meek,
    for they will inherit the earth.
Blessed are those who hunger and thirst for righteousness,
    for they will be filled.
Blessed are the merciful,
    for they will be shown mercy.
Blessed are the pure in heart,
    for they will see God.
Blessed are the peacemakers,
    for they will be called children of God.
Blessed are those who are persecuted because of righteousness,
    for theirs is the kingdom of heaven.

Blessed are you when people insult you, persecute you and falsely say all kinds of evil against you because of me. Rejoice and be glad, because great is your reward in heaven, for in the same way they persecuted the prophets who were before you.